



Membership Application Form

Membership Department • 7-17 Wellington Street, Douglas, IM1 2PQ

(OFFICE USE ONLY)

CLUB: Isle of Man

New Amendment

Re-join

PLEASE PRINT IN BLOCK CAPITALS

Title (Mr/Mrs) _____

First Name _____

Surname _____

Date of Birth

Address _____

Post Code _____

Home Telephone

Work Telephone

Mobile Telephone

Email _____

Occupation _____

In case of emergency please contact:

Name _____

Relationship _____

Telephone Number

I hereby declare that the details given above are, to the best of my knowledge, correct and I agree to the terms and conditions of the Membership Agreement and to abide by the Rules of the Club. I further agree that should any of the above information change during my time as a Member of the Club I will give immediate notification. I am aware that I am contracted to the first three months of my membership, thereafter one months cancellation notice is required.

SIGNED _____ Date Staff Name _____

Initial Payment Details: Cash Cheque Credit Card Debit Card OFFICE USE ONLY

Admin Fee £ _____ Monthly Fee £ _____ Annual Fee £ _____ Total £ _____

Thereafter a Monthly Fee of £ _____

will be deducted from your Bank Account by Direct Debit as per the details below on 2nd every month.

Membership Commencement Date First DD Due Date Membership No

If Referred by a Member please write Referral Membership No. here

PRE INDUCTION QUESTIONNAIRE

For most people physical activity should not pose any problem or hazard, but the following questionnaire has been designed to identify the small number of people for whom it would be wise to seek medical advice before starting.

		YES	NO
1	Has your GP ever said that you have a heart condition and recommended only medically approved physical activity?		
2	Do you have chest pain brought on by physical activity?		
3	Have you developed chest pain at rest in the past month?		
4	Do you lose consciousness, or lose your balance as a result of dizziness?		
5	Do you have a bone or joint problem that could be aggravated by the proposed physical activity?		
6	Are you currently on any form of medication (e.g. tablets, inhaler etc)?		
7	(Female only) Are you pregnant, or have you been pregnant in the past three months?		
8	Are you aware, through your own experience or a doctor's advice, of any other reason for not exercising without medical approval?		
9	Do you drink? If yes, on average how many units of alcohol do you consume a week?		
10	Do you smoke? If yes, on average how many do you smoke per day?		

I understand that if I answered YES to one or more of the questions numbered 1-8, I should have the consent of my GP before undertaking any exercise programme.

SIGNED: _____ PRINT NAME: _____ DATE: _____

CARREFOUR HEALTH & BEAUTY (IOM) LIMITED

7-17 Wellington Street,
Douglas IM1 2PQ



Instruction to your Bank/Building Society to pay Direct Debits

Name of Account Holder(s) _____

Bank/Building Soc. _____

Address _____

Post Code _____

Account Number

Bank Sort Code

Originator Identification Number **6 7 0 8 9 9**

Reference Number

INSTRUCTION TO YOUR BANK / BUILDING SOCIETY

Please pay Carrefour Health & Beauty (IOM) Limited Direct Debits from the account detailed in this instruction subject to the safeguards assured by the Direct Debit Guarantee. I understand that this instruction may remain with Club Carrefour (UK) Limited and, if so, details will be passed electronically to my Bank/Building Society.

Signature _____

Date

MEMBERSHIP AGREEMENT

Subscriptions – The Member shall, where applicable, pay the required joining fee and monthly or annual fee at the time of application for Membership. The Member shall where applicable, pay the required monthly subscription by Direct Debit for which payment will be collected on the second day of each month (or on the next working day or unless prior notice is given to the member by the company). All Membership Subscriptions will be payable in advance. *Membership Freezing* – Membership may be frozen where ill, injured or pregnant. One months notice must be given in writing and freezing of a Membership may be for a minimum of 1 month or a maximum of 6 months. There is a one off fee for freezing of £10 per membership which will be payable on application to freeze, if frozen and you need to cancel, 1 monthly payment must be taken before cancellation can be processed. *Cancellation Notice* – the first three months of membership are a fixed contract, thereafter one months notice is required.

CLUB RULES

Name – The name of the Club is Carrefour. *Objective* – The objective of the Club is to provide and make available to members of the Club and their bona fide Guests, health and recreation facilities, and to promote and encourage a greater degree of physical fitness and well being. *Membership* – When an application for membership is accepted and the member has paid the relevant Subscription he or she shall be a Member of the Club and entitled to all the privileges of Membership and shall be deemed to have agreed to be bound by these rules. Absolute discretion is granted to the Management to reject any applicant for Membership without submitting any reason for so doing in this event any subscription monies received will be returned immediately. *Membership Cards* – An elected Member shall be given a Membership card. Members should be reported immediately. Another card will be issued at a replacement cost of £5.00. *Guests* – Members introducing guests shall ensure that their Guests complete the Guest Form and pay the appropriate fee. All Guests must be accompanied by a Member on entering the Club. A Guest limit will be placed on each Member of 2 Guests per Member per day. *Admission and Conduct* – The Management reserve the right of admission to the Club and may expel any Member or Guest whose conduct is such as shall in its opinion be injurious to the character of the Club or the interests of its Members. The Company in its absolute discretion and without ascribing any reasons therefore may terminate the Membership of any Member refunding that unexpired portion of their current subscription. In the event of a serious repeated breach of the Club Rules no refund will be made. The Company may refuse to renew the Membership of any Member without giving any reasons. *Liability* – The Management of the Club takes all reasonable steps to regulate the operation of the Club but is unable, without unduly restricting the enjoyment by the Members of the facilities of the Club, to control and supervise all aspects of its use. The Club and its owners therefore do not accept responsibility for any loss or damage to the property of a Member or a Guest of a particular Member which may occur while he or she is on the premises. *Classes* – Members and Guests should advise Reception upon entering the Club that they are present for a particular class and they will be issued with a card to hand to the instructor. Anyone arriving after the class begins will not be able to participate. *Children* – The minimum age for Membership at Carrefour is 16 years of age. Children under the age of 16 are not permitted in the club. *Carrefour Property* – Under no circumstances is Carrefour Property to be removed from the Club premises. *Dress* – All members and guests are required to wear attire and footwear deemed suitable by the Club. *Operating Hours* – The Company reserves the right to vary the times of opening. The times at which any or all of the facilities shall be available to the Members shall be at the discretion of the Management. Any or all of the facilities may be closed at any time for the purpose of cleaning, building, decorating, repairs, special functions or Bank Holidays and Public Holidays. If open on a Bank Holiday or Public Holiday, selected hours of opening will apply. *Memberships* – Memberships is non transferable and non refundable. All requests pertaining to Membership should be put in writing and addressed to the Club Manager. The Subscription rate for all types of Membership shall be such sum as the Company may from time to time determine. *Notice* – The Company may vary the rules at its discretion with 60 days notice given to all Members. *Disputes* – In the event of any dispute arising out of the interpretation of these rules, the decision of the Company on such interpretation shall be final. *Lost Property* – Any Members property left in the Changing Rooms is not the responsibility of the Club. If left behind it will be deemed Lost Property. *Lost Property* will be held in Security for one month. After such time the Club will dispose of the items. The Club will not accept responsibility for any loss or damage to Members property unless such loss or damage is due to the negligence of the Club or its staff. *Lockers* – Members and guests are requested not to leave belongings in lockers overnight (except in clubs where lockers are part of a rental agreement) left items will be removed and treated as lost property. *Music* – A selection of music is provided at the discretion of the Club employees. All volume levels and music selection will be controlled by the Health Club. *Health and Safety* – In view of the physically strenuous nature of the activities available at the Club, the Management strongly advise each of the Members and/or their Guests to undergo a medical examination prior to using any of the Club's facilities. If such a medical examination reveals reason why any particular Member or Guest should not use the facilities or use the facilities to a limited extent and the Member or Guest does not comply with those recommendations and suffers injury or death as a result, the Club and its Owners do not accept responsibility for such injury or death to the extent that such injury or death has not been caused by the negligence of the Club. For reasons of hygiene and safety, all Members and Guests shall not smoke in any area of the club.

CF1 01/14

The Direct Debit Guarantee



- This guarantee is offered by all banks and Building Societies that take part in the Direct Debit Scheme. The efficiency and security of the Scheme is monitored and protected by your own Bank and Building Society.
- If the amounts to be paid or the payment dates change Carrefour Health & Beauty (IOM) Limited will notify you 10 working days in advance of your account being debited or as otherwise agreed.
- If an error is made by Carrefour Health & Beauty (IOM) Limited or your Bank or your Building Society, you are guaranteed a full and immediate refund from your branch of the amount paid.
- You can cancel a Direct Debit any time by writing to your Bank or Building Society. Please also send a copy of the letter to Carrefour Health & Beauty (IOM) Limited.